

Aging In Place Features

Home Owners Checklist

This checklist can help identify health and safety concerns in your home. If you answer “**NO**” to various items on the list, consider improvements to help you age in place, by staying safely in your home and preventing falls.

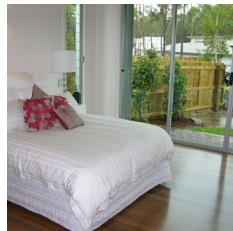


ENTRYWAYS

- No-step entry into your home
- Railings on exterior steps, both sides preferred
- Clear paths of travel into your home with no tripping hazards
- Doorbell and mailboxes easy to access

YES NO

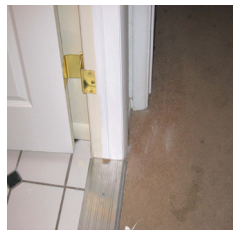
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MAIN FLOOR LIVING

- Accessible full bath
- Main floor bedroom or adaptable space
- Two clear safety exits on the main floor

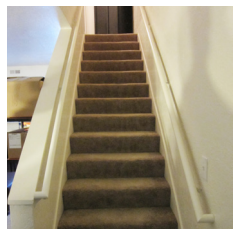
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INTERIOR DOORS, HALLWAYS AND THRESHOLDS

- Low thresholds and doorway transitions
- Lighted hallways
- Doorways wide enough for a wheelchair and or walker
- Interior doors with lever handles and swing clear hinges (swing clear hinges increase doorway passage space by 2 inches)

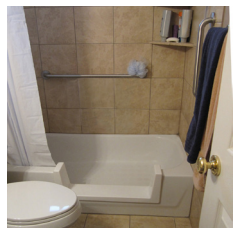
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STAIRWAYS

- Stairways with secure hand rails on both sides
- Stairways well lit
- Convenient layout for stair glide

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BATHROOMS

- Non-slip surface or tub mat in bathtub or shower
- Grab bars in bathtub or shower area
- Grab bars alongside toilet
- High rise toilet (increases standard height by 2 inches)
- Slip-resistant floor, free of tripping hazards
- Safe access into and out of bathtub or shower
- Fixed and hand held shower wand
- Bathroom has operable window or exhaust fan
- Bathroom has a nightlight

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YES NO



KITCHEN

- Adequate counter space
- Kitchen appliances safe and easy to use
- Easy access to storage space for frequently used items
- Cook top and oven controls safe and easy to use

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FLOORING

- Slip-resistant flooring throughout the home
- Carpet is free of tripping hazards, tears, wrinkles and or de-threading
- Rugs have slip-resistant backing or double faced adhesive

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ELECTRICAL AND LIGHTING

- Convenient location of thermostats and other controls
- Electrical outlets easy to find and use
- Light switches at the entrance to every room, hallway and stairway

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HEATING, COOLING AND VENTILATION

- Supply and return air vents free of obstruction
- Energy efficient HVAC unit
- Smoke alarms and carbon monoxide (CO) detectors in the home
- Operable windows for cross ventilation and fresh air
- Hot water heater set no higher than 120 degrees Fahrenheit
- Home free of stale or musty odors
- Furnace filters are convenient and easy to change (furnace filters should be replaced at least every other month)

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LAUNDRY

- Washer and dryer at an accessible location in the home
- Washer and dryer at an accessible height; settings are easy to read
- Convenient counter space

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CLUTTER

- Rooms, hallways and exits free of clutter and unnecessary objects
- Floors and stairs free of tripping hazards

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