Aging In Place Features Home Owners Checklist

This checklist can help identify health and safety concerns in your home. If you answer "NO" to various items on the list, consider improvements to help you age in place, by staying safely in your home and preventing falls.



ENTRYWAYS

No-step entry into your home Railings on exterior steps, both sides preferred Clear paths of travel into your home with no tripping hazards Doorbell and mailboxes easy to access

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MAIN FLOOR LIVING

Accessible full bath Main floor bedroom or adaptable space Two clear safety exits on the main floor





INTERIOR DOORS, HALLWAYS AND THRESHOLDSN

Low thresholds and doorway transitions Lighted hallways Doorways wide enough for a wheelchair and / or walker Interior doors with lever handles and swing clear hinges (swing clear hinges increase doorway passage space by 2 inches)



STAIRWAYS

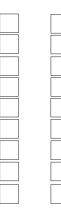
Stairways with secure hand rails on both sides Stairways well lit Convenient layout for stair glide



BATHROOMS

Non-slip surface or tub mat in bathtub or shower Grab bars in bathtub or shower area Grab bars alongside toilet High rise toilet (increases standard height by 2 inches) Slip-resistant floor, free of tripping hazards Safe access into and out of bathtub or shower Fixed and hand held shower wand Bathroom has operable window or exhaust fan Bathroom has a nightlight

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KITCHEN

Adequate counter space Kitchen appliances safe and easy to use Easy access to storage space for frequently used items Cook top and oven controls safe and easy to use



FLOORING

Slip-resistant flooring throughout the home Carpet is free of tripping hazards, tears, wrinkles and or de-threading Rugs have slip-resistant backing or double faced adhesive



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FIECTRICAL AND LIGHTING

Convenient location of thermostats and other controls Electrical outlets easy to find and use Light switches at the entrance to every room, hallway and stairway



HEATING, COOLING AND VENTILATION

Supply and return air vents free of obstruction Energy efficient HVAC unit Smoke alarms and carbon monoxide (CO) detector in the home Operable windows for cross ventilation and fresh air Hot water heater set no higher that 120 degrees fahrenheit Home free of stale or musty odors Furnace filters are convenient and east to change (furnace filters should be replaced at least every other month)



LAUNDRY

Washer and dryer at an accessible location in the home Washer and dryer at an accessible height; settings are easy to read Convenient counter space



CIUTTER

Rooms, hallways and exits free of clutter and unnecessary objects Floors and stairs free of tripping hazards

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YES	N